



Do you need a Helping Hand?

Our **local** care team has been providing award winning quality homecare since 1989.

A family run company we offer you a **one-to-one** full-time **Live-in Care** service that enables you or your loved one to remain at home with compassion and dignity by assisting with: personal care, companionship, errands and housekeeping.

So if you are looking for an **alternative to residential care** or as a **short term answer** whilst recovering from illness or operation - then we're here to help.



To find out how we can help you,
call: **0808 180 1016** or
visit: www.helpinghands.co.uk